

February 1 - February 28

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Turkey and Cheese on a W/G Potato Bun-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Apple-1 Milk-8 oz.	Grilled Chicken Wrap w/ Shredded Lettuce and Cheddar Cheese on a 10" Wheat Wrap-1 Celery Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.	Swedish Meatballs w/ Gravy-3oz. Mashed Potatoes-3/4 c. Whole Grain Bread Fresh Banana-1 Milk-8 oz.	DOMINOS W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Diced Pear Cup-1/2 c. Milk-8 oz.
7	8	9	10	11
Sliced Chicken and Cheese on a Whole Wheat Bun-1 Romaine Salad Cup with Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.	All Beef Hamburger on a Whole Wheat Bun-1 Green Beans-3/4 c. Fresh Banana-1 Milk-8 oz.	Beef Bologna and Cheese on a Whole Wheat Kaiser Roll-1 Black Bean and Corn Salad-3/4 c. Cherry Craisins-1/2 c. Milk-8 oz.	Beef Taco's w/Shredded Cheddar Cheese-2 Black Beans-3/4 c. 6" Whole Wheat Soft Tortilla-2 Cherry Craisins-1/2 c. Milk-8 oz.	DOMINOS W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.
14	15	16	17	18
Grilled Chicken Wrap w/ Shredded Lettuce and Cheddar Cheese on a 10" Wheat Wrap-1 Celery Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.	Salisbury Steak w/Gravy-3 oz. Roasted Potatoes-3/4 c. Whole Wheat Dinner Roll Diced Peach Cup-1/2 c. Milk-8 oz.	Turkey and Cheese on a Whole Wheat Kaiser Roll-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Apple-1 Milk-8 oz.	Flame Broiled Chicken Burger on a Whole Wheat Bun-1 Corn-3/4 c. Fresh Apple-1 Milk-8 oz.	DOMINOS W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.
21	22	23	24	25
NO SCHOOL	Turkey and Cheese on a W/G Potato Bun-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Apple-1 Milk-8 oz.	Sliced Chicken and Cheese on a Whole Wheat Bun-1 Romaine Salad Cup with Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.	Meatball Sub on a Whole Wheat Sub Roll-1 Green Beans-3/4 c. Cherry Craisins-1/2 c. Milk-8 oz.	DOMINOS W/G Pizza Slice-1 Romaine Salad w/ Dressing-1 1/2 c. Peach Applesauce Cup-1/2 c. Milk-8 oz.
28				
W/G Chicken Fingers-3 Sliced Carrots-1 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.				