

December 1 - December 31

## What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Sliced Chicken and Cheese on a Whole Wheat Bun-1	All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1	Turkey Ham and Swiss Cheese on a W/G Sub Roll-1
		Celery Sticks w/ Dip-3/4 c.	French Fries-3/4 c.	Cold Corn Cup-3/4 c.
		Applesauce Cup-1/2 c.	Fresh Orange-1	Mixed Fruit Cup-1/2 c.
		Milk-8 oz.	Milk-8 oz.	Milk-8 oz.
6	7	8	9	10
All Beef Italian Sub-1 (Beef Bologna, Beef Salami, and American Cheese)	Chicken Fryz-4 Sliced Carrots-1 c. Whole Grain Bread	Turkey and Cheese on a Whole Grain Kaiser Roll-1	Chicken Taco's w/ Shredded Cheddar Cheese-2	Grilled Chicken Parmigiana-4 oz.
Cold Corn Cup-3/4 c.	Fresh Apple-1	Black Bean and Corn Salad-3/4 c	Green Beans-3/4 c.	Diced Carrots-1 c.
Fresh Orange-1	Milk-8 oz.	Fresh Orange	6" Flour Tortilla-2	Whole Grain Bread
Milk-8 oz.		Milk-8 oz.	Fresh Banana-1	Mixed Fruit Cup-1/2 c.
			Milk-8 oz.	Milk-8 oz.
13	14	15	16	17
Turkey Breast and Provolone Cheese on a W/G Sub Roll-1	W/G Chicken Fingers-3 Kidney Beans-3/4 c.	All Beef Italian Sub-1	Meatballs w/ Sauce on a Whole Wheat Sub Roll-1	Grilled Chicken Wrap w/ Shredded Lettuce and Cheddar Cheese on a 10" Wheat Wrap-1
Cold Corn Cup-3/4 c.	Whole Wheat Dinner Roll	(Beef Bologna, Beef Salami, and American Cheese)	Diced Carrots-1 c.	Celery Sticks w/ Dip-3/4 c.
Fresh Banana-1	Fresh Banana-1	Cold Corn Cup-3/4 c.	Cherry Craisins-1/2 c.	Fresh Banana-1
Milk-8 oz.	Milk-8 oz.	Fresh Apple-1	Milk-8 oz.	Milk-8 oz.
		Milk-8 oz.		
20	21	22	23	24
W/G Popcorn Chicken-3/8 oz. Vegetarian Beans-3/4 c	All Beef Hamburger on a Whole Wheat Bun-1	Italian Sub--4 oz. (Turkey Ham, Beef Salami and Provolone Cheese on a Whole Wheat Sub Roll-1)	Baked Ziti-8 oz.	
Fresh Orange-1	Green Beans-3/4 c.	Fresh Baby Carrots w/ Dip-1 c.	omaine Salad w/ Dressing-1 1/2 c.	<b>NO SCHOOL</b>
Whole Grain Bread	Diced Peach Cup-1/2 c.	Fresh Apple-1/Milk-8 oz.	Mandarin Orange Cup-1/2 c.	
Milk-8 oz.	Milk-8 oz.		Whole Wheat Dinner Roll	
			Milk-8 oz.	
27	28	29	30	31
<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>