

November 1 - November 30

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fresh Orange-1 W/G Honey Scooters Cereal-1 oz. W/G Chocolate Bear Grahams-2 Milk-8 oz.	2 Applesauce Cup-1/2 c. W/G Croissant with Margarine-1 Milk-8 oz.	3 Fresh Pear-1 W/G Superdonut-2.2 oz. Milk-8 oz.	4 Fresh Apple-1 W/G Fruit Loops Cereal-1 oz. W/G Cranberry Muffin-2 oz. Milk-8 oz.
7 Fresh Apple-1 W/G Frosted Flakes Cereal - 1 oz. W/G Apple Muffin-2 oz. Milk-8 oz.	8 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Cinn. Toasters Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	9 Fresh Pear-1 Whole Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.	10 Fresh Apple-1 W/G Honey Graham Toasters Cereal-1 oz. W/G Strwbrry Waffle Grahams-2 Milk-8 oz.	11 Fresh Orange-1 W/G Strawberry Pop Tart-2 Milk-8 oz.
14 Fresh Apple-1 W/G Banana Muffin Flat-3.1 oz. Milk-8 oz.	15 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Frosted Flakes-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.	16 Fresh Pear-1 W/G Plain Bagel with Cream Cheese-1 oz. Milk-8 oz.	17 Peach Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Superdonut-2 oz. Milk-8 oz.	18 Fresh Orange-1 Multi Grain Cheerios Cereal-1 oz. Apple Breakfast Bar-1 Milk-8 oz.
21 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Fruit Loops Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	22 Fresh Apple-1 W/G Frosted Flakes Cereal - 1 oz. W/G Strawberry Muffin-2 oz. Milk-8 oz.	23 SCHOOL CLOSED	24 HAPPY THANKSGIVING SCHOOL CLOSED	25 SCHOOL CLOSED
28 Fresh Apple-1 W/G Trix Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	29 Fresh Orange-1 W/G Corn Chex Cereal-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.	30 Fresh Pear-1 W/G Cinnamon Raisin Bagel with Cream Cheese-1 oz. Milk-8 oz.	Fresh Orange-1 W/G Croissant with Margarine-1 Milk-8 oz.	Fresh Apple-1 W/G Superdonut-2 oz. Milk-8 oz.