

Achiever's Early College Prep
Breakfast

May 2 - May 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pineapple Cup-1/2 c. 100% Grape Juice-4 oz. W/G Rice Krispies-1 oz. W/G Graham Crackers-3 Milk-8 oz.	3 Fresh Red Apple-1 W/G Cinnamon Toasters Crl-1 oz. W/G Apple Muffin-2 oz. Milk-8 oz.	4 Fresh Orange-1 W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	5 Fresh Pear-1 W/G Trix Cereal-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz.	6 Granny Smith Apple-1 W/G Strawberry Pop Tarts-2 Milk-8 oz.
9 Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Graham Crackers-3 Milk-8 oz.	10 Fresh Pear-1 Whole Grain Honey Bun-1 Milk-8 oz.	11 Fresh Orange-1 W/G White Bagel with Cream Cheese-1 oz. Milk-8 oz.	12 Fresh Apple-1 W/G Frosted Flakes-1 oz. W/G Pineapple Muffin-2 oz. Milk-8 oz.	13 Fresh Orange-1 W/G Honey Graham Toasters Cereal-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.
16 Fresh Orange-1 Strawberry Shredded Wheat Cereal-1 oz. Chocolate Bear Grahams-2 Milk-8 oz.	17 Fresh Apple-1 W/G Cinnamon Crumb Cake-3 oz. Milk-8 oz.	18 Mandarin Orange Cup-1/2 c. 100% Apple Juice-4 oz. W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	19 Fresh Pear-1 W/G Strawberry Pop Tarts-2 Milk-8 oz.	20 Granny Smith Apple-1 W/G Cinnamon Toasters Crl-1 oz. W/G Apple Nutrigrain Bar-1 Milk-8 oz.
23 Fresh Pear-1 W/G Frosted Flakes-1 oz. W/G Graham Crackers-3 Milk-8 oz.	24 Fresh Apple-1 Honey Scooters Cereal-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.	25 Fresh Orange-1 W/G Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.	26 Fresh Pear-1 W/G Fruit Loops Cereal-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz.	27 Fresh Apple-1 Whole Grain Honey Bun-1 Milk-8 oz.
30 MEMORIAL DAY	31 Applesauce Cup-1/2 c. !00% Orange/Tangerine Juice-4 oz. W/G Honey Graham Toasters Cereal-1 oz. W/G Graham Crackers-3/Milk-8 oz.			