

January 2 - January 31

BREAKFAST

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 2	3 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Strawberry Poptart-2pk Milk -8oz.	4 Applesauce Cup-1/2 c. 100% Fruit Punch - 4 oz. W/G Croissant with Margarine-1 Milk-8 oz.	5 Fresh Pear-1 W/G Superdonut-2.2 oz. Milk-8 oz.	6 Fresh Apple-1 W/G Fruit Loops Cereal-1 oz. W/G Cranberry Muffin-2 oz. Milk-8 oz.
9 Fresh Apple-1 W/G Frosted Flakes Cereal - 1 oz W/G Apple Muffin-2 oz. Milk-8 oz.	10 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Cinn. Toasters Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	11 Fresh Pear-1 Whole Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.	12 Fresh Apple-1 W/G Honey Graham Toasters Cereal-1 oz. W/G Strwbrry Waffle Grahams-2 Milk-8 oz.	13 Fresh Orange-1 W/G Strawberry Pop Tart-2 Milk-8 oz.
NO SCHOOL 16	17 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Frosted Flakes-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.	18 Fresh Pear-1 W/G Plain Bagel with Cream Cheese-1 oz. Milk-8 oz.	19 Peach Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Superdonut-2 oz. Milk-8 oz.	20 Fresh Orange-1 Multi Grain Cheerios Cereal-1 oz. Apple Breakfast Bar-1 Milk-8 oz.
23 Applesauce Cup-1/2 c. 100% Grape Juice-4 oz. W/G Fruit Loops Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	24 Fresh Apple-1 W/G Frosted Flakes Cereal - 1 oz. W/G Strawberry Muffin-2 oz. Milk-8 oz.	25 Fresh Orange - 1 W/G Croissant with Margarine-1 Milk-8 oz.	26 Fresh Pear-1 Multi Grain Cheerios Cereal -1 oz. Apple Breakfast Bar - 1 Milk-8 oz.	27 Fresh Apple-1 W/G Superdonut-2 oz. Milk-8 oz.
30 Fresh Apple-1 W/G Trix Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	31 Fresh Orange-1 W/G Corn Chex Cereal-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.			