

Achiever's Early College Prep Breakfast

January 3 - January 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Fresh Apple-1 W/G Strawberry Pop Tarts-2 Milk-8 oz.	4 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. Whole Grain Honey Bun-1 Milk-8 oz.	5 Fresh Apple-1 W/G Frosted Flakes-1 oz. W/G Strawberry Wffle Grahams-2 Milk-8 oz.	6 Fresh Pear-1 W/G White Bagel with Cream Cheese-1 oz. Milk-8 oz.	7 Fresh Orange-1 W/G Honey Graham Toasters Crl-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.
10 Pineapple Cup-1/2 c. 100% Grape Juice-4 oz. W/G Frosted Mini Wheat Crl-1 oz. W/G Graham Crackers-3 Milk-8 oz.	11 Fresh Orange-1 W/G Superdonut-2 oz. Milk-8 oz.	12 Fresh Red Apple-1 W/G Cinnamon Toasters Crl-1 oz. W/G Apple Muffin-2 oz. Milk-8 oz.	13 Fresh Pear-1 W/G Trix Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz.	14 Granny Smith Apple-1 W/G Strawberry Pop Tarts-2 Milk-8 oz.
17 SCHOOL CLOSED	18 Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Strawberry Breakfast Bar-1 Milk-8 oz.	19 Fresh Orange-1 W/G Cinnamon Raisin Bagel with Cream Cheese-1 oz. Milk-8 oz.	20 Fresh Apple-1 W/G Rice Krispies-1 oz. W/G Pineapple Muffin-2 oz. Milk-8 oz.	21 SCHOOL CLOSED
24 Fresh Pear-1 W/G Blueberry Pop Tarts-2 Milk-8 oz.	25 Fresh Orange-1 W/G Cocoa Puffs Cereal 1 oz. W/G Strawberry Breakfast Bar-1 Milk-8 oz.	26 Fresh Orange-1 W/G Superdonut-2 oz. Milk-8 oz.	27 Mandarin Orange Cup-1/2 c. 100% Apple Juice-4 oz. W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	28 Granny Smith Apple-1 W/G Toasted Oats Cereal-1 oz. W/G Raisin Bread with Margararine-1 Milk-8 oz.
31 Fresh Pear-1 W/G Frosted Flakes-1 oz. W/G Graham Crackers-3 Milk-8 oz.				