

Achiever's Early College Prep Breakfast

December 1 - December 31

## What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Fresh Pear-1 Whole Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.	2 Fresh Apple-1 W/G Toasted Oats Cereal-1 oz. W/G Raisin Bread with Margararine-1 Milk-8 oz.	3 Fresh Orange-1 W/G Rice Krispies-1 oz. W/G Pineapple Muffin-2 oz. Milk-8 oz.
6 Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Graham Crackers-3 Milk-8 oz.	7 Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Mini Glazed Breakfast Bites-2.75 oz. Milk-8 oz.	8 Fresh Pear-1 W/G White Bagel with Cream Cheese-1 oz. Milk-8 oz.	9 Fresh Apple-1 W/G Frosted Flakes-1 oz. W/G Strawberry Wffle Grahams-2 Milk-8 oz.	10 Fresh Orange-1 W/G Honey Graham Toasters Crl-1 oz. W/G Blueberry Pomegranate Breakfast Bar-1 Milk-8 oz.
13 Pineapple Cup-1/2 c. 100% Grape Juice-4 oz. W/G Apple Jacks Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	14 Fresh Red Apple-1 W/G Fruit Loops Cereal-1 oz. W/G Blueberry Muffin-2 oz. Milk-8 oz.	15 Fresh Orange-1 W/G Croissant with Margarine-2.2 oz. Milk-8 oz.	16 Fresh Pear-1 W/G Cocoa Puffs Cereal-1 oz. W/G Maple Waffle Grahams-2 Milk-8 oz.	17 Granny Smith Apple-1 W/G Superdonut-2 oz. Milk-8 oz.
20 Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Strawberry Breakfast Bar-1 Milk-8 oz.	21 Fresh Pear-1 W/G Mini Glazed Breakfast Bites-2.75 oz. Milk-8 oz.	22 Fresh Orange-1 W/G Cinnamon Raisin Bagel with Cream Cheese-1 oz. Milk-8 oz.	23 Fresh Apple-1 W/G Rice Krispies-1 oz. W/G Blueberry Pomegranate Breakfast Bar-1 Milk-8 oz.	24 <b>NO SCHOOL</b>
27 <b>NO SCHOOL</b>	28 <b>NO SCHOOL</b>	29 <b>NO SCHOOL</b>	30 <b>NO SCHOOL</b>	31 <b>NO SCHOOL</b>