

August 1 - August 31, 2023

BREAKFAST

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
		Fresh Plum - 1 W/G Strawberry Pop Tart-2 Milk-8 oz.	Fresh Golden Delicious Apple-1 W/G Apple Jacks Cereal-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.	Peach Applesauce Cup-1/2 c. 100% Apple Juice-4 oz. W/G Superdonut-3 oz. Milk-8 oz.
28	29	30	31	
Fresh Apple-1 W/G Trix Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	Fresh Plum - 1 W/G Frosted Flakes-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.	Fresh Nectarine - 1 W/G Banana Muffin Flat-3.1 oz. Milk-8 oz.	Fresh Nectarine - 1 W/G Fruit Loops Cereal-1 oz. W/G Graham Crackers-3 Milk-8 oz.	